



## 13<sup>th</sup> Annual Seacoast Road Race



**RUN for a GREAT CAUSE!** All proceeds benefit the Residents of the Seacoast Nursing & Rehabilitation Center.

# Saturday July 16, 2016

## 10-K Road Race

*Starts & ends at Stage Fort Park, Gloucester.*

### Registration Information

#### Online Registration

Download the registration form or get the link for online registration on BankGloucester's website: [www.BankGloucester.com/current\\_events](http://www.BankGloucester.com/current_events)  
Or go to: [http://www.NorthShoreTimingOnline.com/reglivecb.aspx?eventyear\\_id=167](http://www.NorthShoreTimingOnline.com/reglivecb.aspx?eventyear_id=167)

#### Race Day Registration

Race Day registration is at the Start Line (Stage Fort Park) at 6:30 AM  
Race begins at 8:00 AM

**Race Fee:** \$25 Pre-registration | \$30 Day of Race

### Questions & Information

Call JD MacEachern at 978-675-7490

Stage Fort Park has a playground for the kids to enjoy while Mom or Dad are running or enjoy a post race dip at the beautiful Half Moon Beach.

Sponsored by, BankGloucester, Friends of Seacoast & Seacoast Nursing & Rehabilitation Center, 292 Washington Street, Gloucester, MA 01930



**Awards &  
Cash Prizes**

Sponsored by  
**BANK GLOUCESTER**